

Chinese Restaurant Vegetarian and Vegan Risk Review Template

Common hidden animal ingredients

Pork broth

Chicken broth

Lard

Oyster sauce

Fish sauce

Dried shrimp

XO sauce

Egg

Dairy in bakery items

Gelatin

Meat-based soup base

Dish review

Dish:

Vegetarian by default?

Vegan by default?

Contains egg?

Contains dairy?

Contains oyster sauce?

Contains fish sauce?

Contains meat broth?

Contains lard?

Can be modified?

Modification notes:

Menu wording

Vegetarian: contains no meat when prepared as listed, but may contain egg or dairy.

Vegan: contains no meat, egg, dairy, fish sauce, oyster sauce, or meat broth when prepared as listed.

Ask about shared wok and fryer risk.