

Chinese Restaurant Gluten-Free Risk Review Template

This is not a gluten-free certification template. It is a risk review for menu communication.

Common gluten sources

Soy sauce

Wheat noodles

Dumpling wrappers

Bao

Breading

Shared fryer

Some oyster sauces

Some hoisin sauces

Some chile sauces

Supplier-prepared fish balls or meatballs

Dish review

Dish:

Contains wheat?

Contains soy sauce?

Can use tamari?

Shared wok?

Shared fryer?

Shared steamer?

Separate utensils possible?

Should be marked gluten-free? yes / no / do not claim

Safer wording

Ask staff about wheat and soy sauce. We use shared woks and prep surfaces and cannot guarantee gluten-free preparation.